

25 Merksätze

1. **You always have a choice.**
There is always more than one option.
Just because it is easier to close your eyes doesn't mean the better, harder option isn't there.
2. **There is no point to life.**
We live, we die, everything we have ever done will be forgotten.
There is absolutely no point to it. But that frees you up to do whatever you want!
No point = no purpose = no responsibilities.
3. **So, create your own purpose.**
You want a point so bad, *create one*.
You are not meant for anything specific, so you can choose whatever you want to do in life.
Make life your own and stop waiting for a sign to slam you in the face.
4. **You reap what you sow.**
Whether it is now or later, you will get what you put in.
If you only put in crap, that is what you will reap. You want to be rich?
Happy? In love? Then put in the right seeds!
5. **Money is derived from value.** If you want to make more, you must give more.
People buy value. Give more value, get more profit.
6. **Your brain works on what you feed it.**
Positive actions breed positive thoughts which breed positive actions, and vice versa.
7. **Your body does too.**
Put in fats, and you will get fat. Put in lean, nutritious and vitamin-rich foods,
and you will get a temple that will support all your energy needs.
8. **You are not your past.**
We have all had bad experiences. Some worse than others.
But what you do with that today depends on you.
9. **Life moves on with or without you.**
Life doesn't care about whether you move on or not.
Not because it's an asshole, but because life will have fun without you being there or not,
it's up to you to join it or get left behind.
10. **Being happy is not optional.**
Be happy for the people around you so they do not have to deal with your crappy attitude on top of all things. If you care even in the slightest about the people you spend time with, then it is your *duty* to be in a great mood to make their experience as good as you can.
11. **Love > being right.**
Ask yourself if you really want to continue this argument before your sense of pride gets the better of you. Is winning really so important that you hurt the ones you love?
12. **There is no absolute right or wrong.**
No one knows anything. Not even matter is matter anymore, now it is actually shown that all matter is only waves perceived by our senses to be matter.
We know nothing of the world, and you do not know if you are right or wrong. Let it go.

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13. **The world won't become a better place by talking about the negatives.**

Yes, it is good to be informed, but what will you do about it now?

Talking and posting is just a pretense not to do any action and still feel good about yourself.

14. **You must act to make a change.**

If you want something to change then stop talking about it and start acting.

Actions speak louder than words.

15. **Learning is more important than being comfortable.**

Studying and learning suck. Especially if you have to continue after college.

But if you want to improve your life you have to learn how first.

16. **And doing is more important than learning.**

Actions speak louder than words.

17. **You have the power to figure things out.**

You are more powerful than you think you are.

Stop being afraid of what *might* happen and just go for it.

You are strong enough, smart enough, brave enough and powerful enough to figure out whatever may come your way.

18. **You will fail.**

You will fail. There is a 100% chance of that happening.

But you know fully well how to stand up, so why are you so deathly afraid of falling?

19. **You cannot force anyone to change.**

Just as you have your choices to make, they have to make theirs.

Show them what you think will help, and then allow them to decide whether or not to take the help.

20. **But you can change yourself.**

If others really bother you then change your attitude first. When you can look with acceptance and love towards everyone, then you can see about changing them.

21. **Happiness is a choice.**

When you chose what you want to do, when you follow interest rather than security and when you live life by your own means, you are choosing to be happy.

Learn from the happiest people on the planet: children.

22. **Passion is a process.** Stop waiting for passion to hit you square in the face. It won't happen.

Follow your interests, your likes and your desires, add a bit of commitment and a sprinkle of investment and you have yourself some passion.

23. **Give more than you want to receive.** Everyone wants to have more than they want to give, that is the basis of any transaction. So... if you want something *simply give more!*

24. **No one knows what you want but you.** No one in this entire world knows you better than you know yourself. After all, you spend 24 hours a day with yourself. Don't listen to anyone else and follow what you want.

25. **Life is your responsibility.** Whether you are happy or sad, rich, or poor, a kind person or a cruel person, all depends on the choices you make *today*. You are responsible for what happens in your life and how you deal with it. Stop blaming circumstances and start taking the actions you need to take to make your life *exactly what you want it to be*.